

From: [Cassidey, LeRoy](#)
To: [Moore, Gary](#)
Cc: [Chuck Davis \(charles.davis@swsenvironmental.com\)](#) ([charles.davis@swsenvironmental.com](#))
Subject: Work Rest Cycle.
Date: Monday, October 13, 2014 10:56:39 AM
Attachments: [OSHA work-rest cycles.docx](#)
[PPE Requirements for Vac-Box entry.xlsx](#)

Gary:

Attached is the OSHA standard for Work Rest/Cycles. We will evaluate the rest/work cycle on the ambient temperature, relative humidity and acclimatization of the workers. We anticipate a work cycle in the cooler times this week of 1.5 hours with a minimum of .5 hours rest. Above 68 F cycle times will be shorter as the temperature increases. We will follow the OSHA work-rest guide lines. SWSES Health and Safety Officer and Foreman will be observing the workers from the support zone and will be in communication with the workers to evaluate the fatigue. We will also be monitoring temperatures and blood pressure of the workers.

We will track the PPE on a spreadsheet as attached.

LeRoy



LeRoy Cassidey

Construction Manager 1

Engineering and Construction

CB&I Federal Services LLC

+1 469.446.8408

leroy.cassidey@cbifederalservices.com

www.cbi.com

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